### The Role of Motivation Research and **Resources in Language Teaching**



**Extensive Reading: The Role of Motivation (Research** and Resources in Language Teaching) by Sue Leather

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Motivation is a key factor in language teaching. It is what drives learners to want to learn and to persist in their learning. There are many different types of motivation, and each learner may be motivated by different factors. It is important for language teachers to understand the different types of motivation and how to create a motivating learning environment.

#### **Types of Motivation**

There are two main types of motivation: intrinsic motivation and extrinsic motivation. Intrinsic motivation comes from within the learner. It is the desire to learn for its own sake. Learners who are intrinsically motivated are interested in the subject matter and enjoy the learning process. Extrinsic motivation comes from outside the learner. It is the desire to learn in order to achieve a goal, such as a good grade or a job promotion.

Both intrinsic and extrinsic motivation can be effective in language teaching. However, intrinsic motivation is generally more sustainable. Learners who are intrinsically motivated are more likely to continue learning even when they encounter challenges.

#### The Role of Motivation in Language Teaching

Motivation plays a vital role in language teaching. It affects learners' willingness to learn, their persistence in the face of challenges, and their ultimate success. Learners who are motivated are more likely to:

\* Attend class regularly \* Participate actively in class \* Complete their homework \* Seek out additional learning opportunities \* Persist in their learning even when they encounter challenges

#### **Creating a Motivating Learning Environment**

There are many things that language teachers can do to create a motivating learning environment. Some of these things include:

\* Making the learning process relevant to learners' lives \* Providing opportunities for learners to experience success \* Setting clear goals and expectations \* Providing feedback and support \* Creating a positive and encouraging classroom atmosphere

#### **Motivation Research**

There is a wealth of research on motivation in language teaching. This research has helped us to understand the different types of motivation, the factors that influence motivation, and the effects of motivation on learning.

One of the most important findings of motivation research is that motivation is not a fixed trait. It can be influenced by the learning environment and the teacher's behaviour. This means that language teachers can play a significant role in motivating their learners.

#### **Motivation Resources**

There are many resources available to help language teachers motivate their learners. These resources include:

\* Books and articles on motivation in language teaching \* Websites with tips and activities for motivating learners \* Online courses on motivation in language teaching \* Professional development workshops on motivation in language teaching

Motivation is a key factor in language teaching. It is essential for learners to be motivated in order to learn successfully. Language teachers can play a significant role in motivating their learners by creating a motivating learning environment and using effective teaching strategies.



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★★★★★ 5 out of 5

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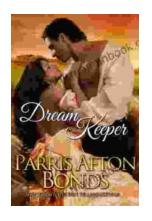
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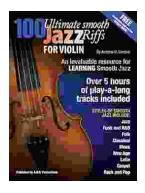
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